

## Training Objectives

To achieve the improvement and development of a child or adolescent within his/her physical, technical and mental capacities and to transmit confidence and assuredness of oneself in a competition / game.

### Technique for Catching the Ball:

- on the ground
- mid body
- high balls (front and side)
- diving on the ground
- diving mid body

### Technique for Deflecting the Ball:

- with the hand
- with the foot

### Coordination Exercises / Throws to the Goal:

- from different angles
- from the center

### Exercises of Speed and Reaction

### Exercises of Technique, Tactics and

### Placement of Distribution:

- within the area: moving according to the movement of the ball
  - ground Balls
  - position for free kicks and how to organize the wall
  - penalty kicks. . . etc.
- TRAINING PROGRAM :**
- Ground Balls
  - Mid Body Balls
  - High Balls , Combination ,
- \_ Agility, Power, Speed, Reaction

## Geovanny Salinas:

### Director:

(National B License Holder)  
(National Goalkeeping  
Coaching License)

### Goalkeeper Coaching Experience:

2011: Evaluator of players for ODP tryout  
2010 september: Goalkeeper Coach Boys and Girls Saint Brendan soccer club  
2009 September present : Goalkeeper Coach Boys and Girls Upper Arlington High School  
2008 April Present: Flash SC Goalkeeper Coach Boys and Girls  
2008 March Present: Blast FC Goalkeeper coach Boys and Girls  
2007 March – August Red Bull Youth Division Goalkeeper Coach  
2006 – February- St. John Vianny Soccer Club Goalkeeper Trainer  
2005- Montclair State University Goalkeeper Trainer  
2003- Evaluator of players for ODP tryouts  
2003- June: Merlin Academy Goalkeeper Trainer  
2003- May-August: Parsippany Soccer Club Youth Division Goalkeeper Coach  
2003- June-August: Stallions' Soccer Club Youth Division Goalkeeper Coach  
2002- September: Seton Hall High School Goalkeeper Coach  
2002, -July : Metro Stars Soccer Academy (Goalkeeper Trainer)  
2001: Cougars United Soccer Club (Youth Division - (Goalkeeper Trainer)  
2001: Montclair Soccer Club (Youth Division - Goalkeeper Trainer)  
2000: NJ/NY Metro Stars Reserve Team Goalkeeper Coach.  
2001- NJ Imperials (American League): Goalkeeper Coach.  
2000: Kean University Soccer Team, Union, NJ: Goalkeeper Coach  
2000: Essex County College Soccer Team, Newark, NJ: Goalkeeper Coach  
2000- Piscataway High School Girls' Soccer Team, Piscataway, NJ: Goalkeeper Coach  
2000- Columbia High School Boys' Soccer Team, South Orange, NJ: Goalkeeper Coach

SESSION 1 Sunday Time: 5:00 pm to 6:00 pm

SESSION 2 Sunday Time: 5:00 pm to 6:00 pm

SESSION 3 Sunday Time : 5:00 pm to 6:00 pm

**\*\* cost \*\***

**\$385.00 PER SESSION 1 hour (7 WEEKS)**

male

female

Name: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Parents' Names \_\_\_\_\_

E-mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone #: \_\_\_\_\_

Parent Signature \_\_\_\_\_

T-Shirt Size (Circle one)

Youth: S M L XL

Adult: S M L XL

Enclose check payable to:

## Geos Goalkeeper Academy

Address: Geovanny Salinas

4545 Krisggsby Blvd.

Hilliard, OH 43026

Tel: 614 771-6299

[Geos1@yahoo.com](mailto:Geos1@yahoo.com)

[www.geosgoalkeeperacademy.com](http://www.geosgoalkeeperacademy.com)

## PARENT / GUARDIAN CONSENT AND WAIVER :

I hereby represent that the information provided is true and accurate. The named applicant is in good health and has my permission to participate in the Geosas Goalkeeper Academy Camp. I acknowledge that soccer is a contact sport and that there is a risk of injury from participating in the camp and its related activities. I HEREBY WAIVE AND RELEASE Geosas Goalkeeper Academy and its agents, servants and employees from any liability and claims for damage. In the event of an emergency, I hereby grant permission to such medical personnel as necessary to render treatment.

\_\_\_\_\_  
*Parent/Guardian signature*

\_\_\_\_\_  
*Date*



## registration

(please circle the session you wish to attend)

### Session 1

5:00P.M -6:00 PM

### Session 2

5:00 P:M-6:00 P.M

### Session 3

5:00PM-6:00 PM

Due to having to rent the space ahead of time , we would appreciate an upfront payment of \$150 and the rest can be paid out over the course of 7 weeks.Please le us know by week 5 if you are intererted in participating in the more session.

[Geosas1@yahoo.com](mailto:Geosas1@yahoo.com)

**Telef: 614-771-6299**

**Also visit my webside :**

**[www.geosasgoalkeeperacademy.com](http://www.geosasgoalkeeperacademy.com)**

[Geosas1@yahoo.com](mailto:Geosas1@yahoo.com)

Telf: 614 771-6299

Also visit my website:

[www.geosasgoalkeeperacademy.com](http://www.geosasgoalkeeperacademy.com)

## WINTER PROGRAM 2011 / 2012 COLUMBUS, OHIO



### Three 7 Week Sessions

**Session 1:** SUNDAYS(5:00p.m.-6:00 p.m.)

Novem:13,20, Decem:4,11,18 January: 8,15

**Session 2:** SUNDAYS(5:00 p.m -6:00 p.m.)

January: 22,29 February: 5,12,19,26 March:4

**Session 3:** SUNDAYS (5:00 pm – 6:00pm)

March:11,18,25, April : 1,8,15,22

### **Were:**

Soccer First Sport Ohio  
6490 Dublin Park Dr  
Dublin Oh 43016

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